# SourceSourceGOODNESS& HEALTH™

# HEALTH & WELL-BEING AT AMWAY

While lifespan refers to the quantity of years lived, healthspan is a measure of the quality of years lived.







#### ENVIRONMENT

HEALTHY MIND

HEALTHY BODY

PERSONAL GROWTH COMMUNITY CONNECTION FINANCIAL WELL-BEING

Amway is purposeful and impactful in our contribution to healthier planet Mental clarity, focus, and mindfulness create a positive emotional state that is attained through social, emotional and spiritual means. Maintaining a healthy body involves a combination of various factors, including nutrition, physical activity, mental well-being and lifestyle choices. Maintaining a healthy body involves a combination of various factors, including nutrition, physical activity, mental well-being and lifestyle choices. Building meaningful relationships is critical to providing a sense of belonging and social connectedness which can lead to longer life, better health and improved wellbeing.

Having control of your financial health contributes to holistic wellbeing.



# WHY HEALTH & WELLBEING

Physical Wellness Emotional & Mental Fortitude Vitality Booster Protection Sustained radiance Community Engagement



# ACHIEVE WELLNESS

Bridge Skin Nutrient Gaps Balanced Routine Mindful Self-care Harmonize Body & Work Financial Wellness Cultivate Connections

# SourceSourceGOODNESS& HEALTH™

# **Body Skin Challenges**

#### Dryness & Discomfort

Loss of Moisture in our Body Skin

#### Aging

Difficulty in Achieving Healthy Looking Skin

#### Hygiene & Odor

Combat Body Skin's Odor





# Body Skin Challenges Dryness & Discomfort

#### Loss of moisture

Feels tight, taut, and uncomfortable May be itchy or feel irritated.

#### **KEY CAUSES OF DRYNESS**

- Internal factors like not drinking enough water
- External factors like heat and cold, wind, or dry air
- Natural factors like genetics and aging

#### **TURN IT AROUND**

Moisturize your body skin regularly to feel comfortable, smooth, and soft all over.



#### Body Skin Challenges Aging and a Healthy-Looking Appearance

Looks dull and lack luster Appears red, patchy or crepey Feels rough and flaky

TURN IT AROUND

Be sure to create a "skincare routine" that includes all of your skin—head to toe.





#### Body Skin Challenges Hygiene & Odor

Smells bad With microorganisms

**Proper hand washing with soap and water, or sanitizing** with hand sanitizer, are proven ways to minimize the spread of *germs*.

**Proper cleaning and care can create** a better balance and reduce *odor.* 

#### **TURN IT AROUND**

Use a good soap or cleanser all over your body, to minimize bacteria, protect skin, and reduce odor.







#### **Goodness and Health**

Designed for the ultimate well-being of your whole family – to nourish and care for the skin and indulge the senses with purpose and purity.



# Protected Skin Peace of Mind

Body care that harnesses plant-based goodness for healthylooking skin from the outside in.



# Goodness For All

Look and feel good in the skin you're in with the help of our clean formulas, rich botanical fragrances and sustainably sourced ingredients grown on Nutrilite™ farms and partner farms.





#### PRECISE

#### PROVEN

#### PRISTINE & PURE

What separates Plant-Based Goodness from the rest?

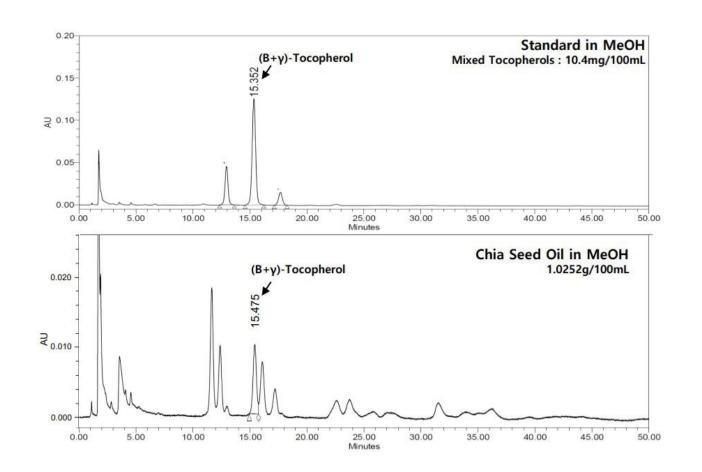


# Precise

#### Helping to reinforce the three core activities of skin.

Specific plant-based ingredients to precisely reinforce skin's natural core activities

Natural Skin Activity Is	Reinforced By	Plant-Based Goodness
Maintain moisture	Plant-Based Water Complex	Adds moisture to skinwith Bamboo Complex Water or Cica Complex Water
Strengthen the protective moisture barrier	Plant-Based Essentials	Strengthens and supplements skin's protection with ingredients like Ceramide
Sustain nourishment	Plant-Based Nutrients	Delivers nutrients to skin with ingredients like Nutrilite™ White Chia Oil and other plant-based ingredients



# Proven

Phytonutrients backed by phytochemical fingerprinting.

Detailed analysis to compare a plant-based ingredient to a known science-based chemical compound



# **Pristine & Pure**

Safe, clean ingredients, including traceable ingredients

Avoiding numerous ingredients including having no parabens and no phthalates in our formulas.



# Healthy solutions from the Outside In G&H™ Body and Baby Care

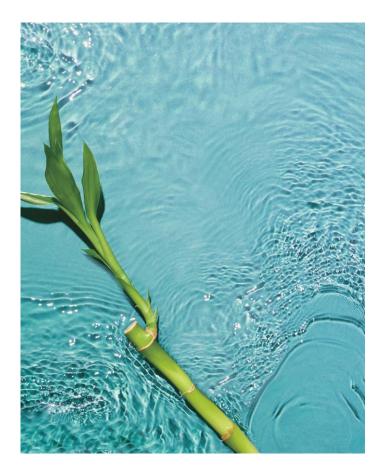
#### Plant-based Goodness

Sustainability

**Clean Label** 



# Healthy Solutions from the Outside In G&H™ Body and Baby Care



#### **Plant-based Goodness**

Plant-based Goodness to reinforce skin's natural core activities. It's a naturally derived yet truly effective way to treat skin.



# Healthy Solutions from the Outside In G&H™ Body and Baby Care

#### Sustainability



Inspired to leave nothing behind but goodness—for your family and the planet.



# Healthy Solutions from the Outside In G&H™ Body and Baby Care



Crafted using only ingredients you'd be happy to have on your skin.







# Meet g&h™ Body Care

With plant-based Goodness, g&h™ Body Care brings the OUTSIDE IN.

Our powerful, plant-based ingredients and easy-to-love products put your healthylooking skin first.





The g&h™ Body Care Collection

#### g&h™ NOURISH COLLECTION

Help nourish, comfort, and maintain healthy-looking skin with a rich blend of plant-based ingredients.



#### g&h™ NOURISH COLLECTION

With Plant-Based Goodness™ Ingredients

#### **PLANT-BASED WATER**

Bamboo Complex Water Made from bamboo and plant-derived glycerin, it helps moisturize skin.

#### **PLANT-BASED ESSENTIALS**

Olive Oil-Derived Ceramide This special type of lipid helps maintain the skin's moisture barrier. Lipids are a key component of skin.

#### **PLANT-BASED NUTRIENTS**

Nutrilite<sup>™</sup> White Chia Oil From one of nature's richest superfoods, with phytonutrients and antioxidants to help visibly nourish and protect skin's healthy beauty.



The g&h™ Body Care Collection

## g&h™ Nourish Complexion Bar

Unique break-apart design bar soap with Olive Oil-Derived Ceramide and White Chia Oil gently cleanses while improving skin's complexion.





## g&h™ Nourish Complexion Bar

#### Features and Benefits

- Leaves your skin clean and moisturized after washing.
- Gently cleanses without drying the skin.
- Improves skin complexion.
- Non-stripping.
- Creates a rich, creamy lather that rinses off easily.
- Gentle enough to use for both face and body.
- Contains plant-based glycerin.
- Unique break-apart.
- Dermatologist-tested. Allergy-tested.

# g&h™ Nourish Complexion Bar

#### How to Use

Wet the bar, then massage in hands to create lather and smooth over skin. Rinse well. Avoid contact with eyes.

250g bar soap with plastic wrap and carton





The g&h™ Body Care Collection

## g&h™ Nourish Body Wash

Creamy body wash with Bamboo Complex Water, Olive Oil-Derived Ceramide and White Chia Oil gently cleanses and nourishes, leaving your skin feeling smooth and conditioned.





# g&h™ Nourish Body Wash

#### **Features and Benefits**

- Gently cleanses without drying the skin.
- Nourishes skin with its creamy formula and rich lather.
- Infused with an Olive Oil-Derived Ceramide
- Formulated with Shea Butter
- Includes our U.S.-patented Mildness
   Complex to help soothe skin.
- Dermatologist-tested. Allergy-tested.



# g&h™ Nourish Body Wash

#### How to Use

Dispense a desired amount into your palm, or directly onto wash cloth. Massage into a lather, then smooth over skin. Rinse well. Avoid contact with eyes.

400ml bottle with pump, 1L bottle with pump





WITH PLANT-BASED GOODNESS

Bamboo Complex Water Essentials with Ceramide Nutrients with White Chia Oil

Nourish Body Lotion <sup>400</sup> mL The g&h™ Body Care Collection

## g&h™ Nourish Body Lotion

Smooth body lotion with Bamboo Complex Water, Olive Oil-Derived Ceramide and White Chia Oil deeply nourishes and provides skin moisture barrier repair and protection.





# g&h™ Nourish Body Lotion

#### **Features and Benefits**

- Leaves skin feeling soft, smooth, conditioned and deeply moisturized, plus clean formula.
- Boosts skin's own moisture level.
- Helps maintain a moisture barrier for the skin
- Infused with an Olive Oil-Derived Ceramide
- Formulated with Shea Butter to help skin feel smooth and moist.
- Non-greasy, non-sticky texture absorbs quickly.
- Dermatologist-tested. Allergy-tested. Q&

# g&h™ Nourish Body Lotion

#### How to Use

Dispense a desired amount onto your hands. Gently massage onto your skin. Suitable for daily use as needed. Avoid contact with eyes.

400ml bottle with pump





The g&h™ Body Care Collection

# g&h™ Nourish Hand Cream

Intensive hand cream with Bamboo Complex Water, Olive Oil-Derived Ceramide, White Chia Oil and a high concentration of Shea Butter instantly nourishes and relieves dry, rough hands, also providing a protective moisture layer on skin's surface.



## g&h™ Nourish Hand Cream

#### Features and Benefits

- Non-greasy, fast-absorbing cream
- Leaves hands feeling soft, smooth, conditioned and deeply moisturized.
- Relieves discomfort from dryness
- Boosts skin's own moisture level.
- Helps maintain a moisture barrier for hand skin
- Infused with an Olive Oil-Derived Ceramide
- Formulated with 16% Shea Butter
- Dermatologist-tested. Allergy-tested.



## g&h™ Nourish Hand Cream

#### How to Use

Apply as needed to hands and other dry patches. Massage into hands and cuticles.

75ml tube with flip-top cap





The g&h<sup>™</sup> Body Care Collection

### g&h™ REFRESH COLLECTION

These products help refresh and hydrate the skin with a rich blend of plant-based ingredients.



## g&h™ REFRESH COLLECTION

With Plant-Based Goodness™ Ingredients

#### **PLANT-BASED WATER**

Bamboo Complex Water Made from bamboo and plant-derived glycerin, it helps moisturize skin.

#### **PLANT-BASED ESSENTIALS**

Olive Oil-Derived Ceramide This special type of lipid helps maintain the skin's moisture barrier. Lipids are a key component of skin.

#### **PLANT-BASED NUTRIENTS**

Nutrilite<sup>™</sup>-grown Green Acerola A fruit extract that is rich in Vitamin C, which helps provide antioxidant protection.





The g&h<sup>™</sup> Body Care Collection

# g&h™ Refresh Exfoliating Body Wash

Daily exfoliating body wash with Bamboo Complex Water, Olive Oil-Derived Ceramide, Green Acerola and natural exfoliants gently removes impurities and dead skin cells, leaving your skin feeling refreshed and hydrated.





### g&h™ Refresh Exfoliating Body Wash Features and Benefits

- Deeply cleans and lightly exfoliates.
- Leaves skin looking healthy, smooth and refreshed.
- Creates a rich lather to deeply cleanse skin.
- Exfoliates to instantly remove dead skin cells.

Contains jojoba beads and natural exfoliants.

- Infused with an Olive Oil-Derived Ceramide.
- Includes our U.S.-patented Mildness Complex.
- Gentle enough for daily use by adults.
- Dermatologist-tested. Allergy-tested.



# g&h™ Refresh Exfoliating Body Wash

#### **Clinical Results**





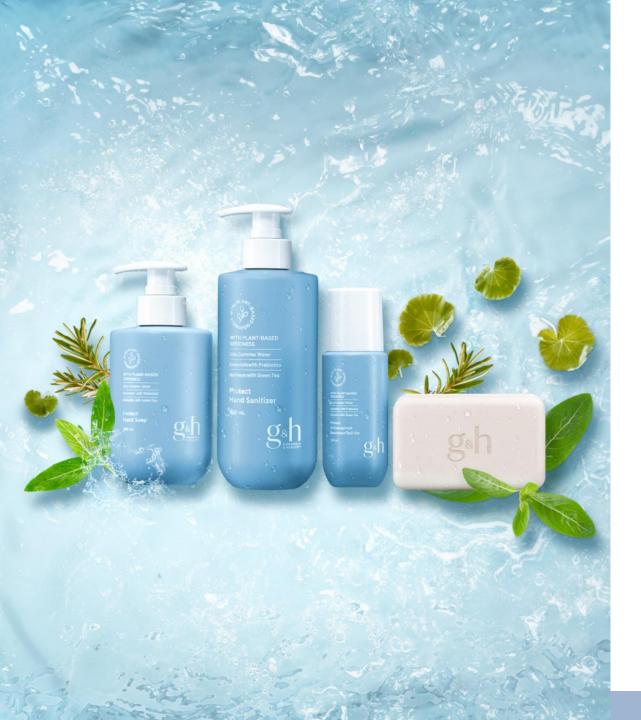
# g&h™ Refresh Exfoliating Body Wash

#### How to Use

Dispense a desired amount into your palm, or directly onto wash cloth. Massage into a lather, then smooth over skin. Rinse well. Avoid contact with eyes.

400ml bottle with pump





The g&h<sup>™</sup> Body Care Collection

### g&h™ PROTECT COLLECTION

These products feature a blend of plant-based ingredients, plus targeted technologies to help protect against odor, impurities, and wetness.



# g&h™ PROTECT COLLECTION

With Plant-Based Goodness™ Ingredients

#### **PLANT-BASED WATER**

Cica Complex Water Made from Cica (Centella asiatica) and plant-derived glycerin, it helps soothe skin.

#### **PLANT-BASED ESSENTIALS**

Prebiotics

Derived from plants, our blend of prebiotic ingredients provides an energy source to help nurture a more optimized skin microbiome.

Rosemary

This flavorful herb has a hidden talent to help soothe the skin.

#### **PLANT-BASED NUTRIENTS**

Nutrilite<sup>™</sup>-approved Green Tea Extract A powerful botanical that provides antioxidant protection.





The g&h<sup>™</sup> Body Care Collection

# g&h™ Protect Bar Soap

Mild bar soap formulated with Prebiotics and Green Tea helps fight body odors and effectively removes dirt and impurities for skin that feels soft and conditioned.





## g&h™ Protect Bar Soap

#### **Features and Benefits**

- Mild bar soap creates rich lather that effectively removes dirt, oil and impurities.
- Leaves your skin feeling soft and conditioned
- Non-drying formula
- Exclusive fragrance with Odor-Neutralizing Technology
- Green Tea helps provide antioxidant protection, while Prebiotics provides an energy source
- Contains Rosemary Extract to help soothe the skin, and plant-based glycerin to help moisturize.
- Dermatologist-tested. Allergy-tested.

# g&h™ Protect Bar Soap

#### How to Use

Wet the bar, then massage in hands to create lather and smooth over skin. Rinse well. Avoid contact with eyes.

When one bar is almost finished, use the clever soap saver feature to fuse it with your new bar.

Individually paper wrapped with outer carton box 900g (6 x 150g)





The g&h™ Body Care Collection

# g&h™ Protect Antiperspirant Deodorant Roll-On

Fast-drying antiperspirant roll-on with Cica Complex Water, Rosemary and Green Tea that provides underarm odor and wetness protection without leaving white marks.





### g&h™ Protect Antiperspirant Deodorant Roll-On

#### **Features and Benefits**

- Fast-drying antiperspirant deodorant roll-on
- Won't leave white marks on skin or clothes.
- Long-lasting fragrance.
- Helps to maintain skin's natural moisture barrier and helps to keep moisture in balance.
- Alcohol-free formula
- With Ginger, plant-derived Bisabolol and more, it is formulated to help reduce irritation





## g&h™ Protect Antiperspirant Deodorant Roll-On

#### **Features and Benefits**

- Green Tea helps provide antioxidant protection
- Prebiotics provides an energy source to help nurture a more optimized skin microbiome.
- Contains Cica Complex Water and Rosemary Extract
- Designed for use by women and men
- Dermatologist-tested. Allergy-tested.

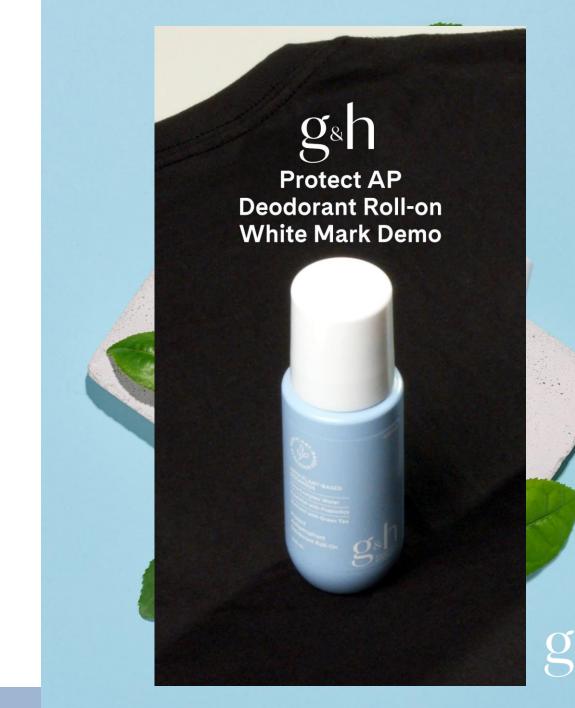


### g&h™ Protect Antiperspirant Deodorant Roll-On How to Use

Shake before use. Apply to clean, dry underarms only. Allow the skin to dry.

Do not use on broken skin. Stop use if rash or irritation occurs. Keep out of reach of children.

100ml bottle with roll-on and screw cap





The g&h™ Body Care Collection

### g&h™ Protect UV Sunscreen SPF 50+

Lightweight, fast-absorbing sunscreen, with Cica Complex Water, Prebiotics, Rosemary, and Green Tea, protects skin from damaging effects of environmental aggressors and UVB/UVA rays.





### g&h™ Protect UV Sunscreen SPF 50+

#### **Features and Benefits**

- Provides broad spectrum SPF 50+ protection against both UVA and UVB rays.
- Lightweight lotion and fast-absorbing, non-sticky, non-greasy formula.
- Contains a prebiotic to help nurture skin microbiome.
- With Cica Complex Water, plantbased glycerin.
- Green Tea helps provide antioxidant protection
- Suitable for daily use.
- Dermatologist-tested. Allergy-tested.

# g&h™ Protect UV Sunscreen SPF 50+

### How to Use

Apply generously before sun exposure. Reapply at least every two hours.

100ml tube with screw cap and carton



### The Traceable Story of G&H<sup>™</sup> Body and Baby Care



# 8 ways we create sustainable products

Our ingredients are consciously selected, and we strive for more eco-conscious packaging, creating more sustainable products that empower our customers to live responsibly.



**Biodegradable Legacy** 

Sustainable products have been part of our portfolio since 1959, beginning with Liquid Organic Cleaner (L.O.C.), one of the world's first biodegradable cleaners.



Sustainable Farming Principles We embrace organic and regenerative farming on our Amway farms, cultivating potent and healthy

ingredients for some of our products.



**Powerful Eco-Conscious Formulas** 

Our laundry and dish formulas are phosphate-free, cold water-effective, and use plant derived ingredients wherever possible.



**Safer Choice Recognition** 

Many formulas in the Amway Home and Legacy of Clean lines have been formulated to meet and maintain the U.S. EPA's Safer Choice criteria.



**"NO" List of Harmful Ingredients** Over 1,700 ingredients are never used in our Artistry Skin Nutrition and g&h™ products.



**Transparency through Traceability** From seed to final product, we require meticulous documentation of botanical ingredient quality and processes.



**Reducing Packaging Waste** 

Artistry Skin Nutrition eliminated 21% of its plastic use globally and reduced its annual plastic use by 288,047 lbs<sup>1</sup> – all without compromising on product quality or quantity.



**Using Recycled Content** 

g&h™ baby lotion and body wash bottles are made with 30% post-consumer recycled plastic.<sup>2</sup>



#### HOW TO SELL Build Business with g&h™ Body and Baby Care Traceability



Sharing the g&h<sup>™</sup> brand traceability story can provide customers proof of how their products are made, plus the knowledge and confidence that they've made the best choice.

#### **START A CONVERSATION**

- 1. Get them *interested* and *identify* the need.
- 2. Share the details and explain the benefits.
- 3. Create an *experience* and set your business apart.

#### COMPARISON See How We Compare for our g&h Body Lotion





# EARN Am**Pay** with G&H





ADU Amway Business Owner



### EARN AmPay with G&H Nourish Body Wash

AND CONTRACTOR AND CONFERS Receive Complex Wester Circle Late with Contralide Automatic with White Child

Nourish Body Wash 400 mL AES PRICE: 675.00 ABO PRICE: 607.5 **AMPAY EARNING: 67.5** 

\*AmPay earning is subject to VAT & Witholding Tax



**ABO** Amway Business Owner



**AES** Amway Exclusive Shopper



### EARN AmPay with G&H Protect UV Sunscreen SPF 50+



AES PRICE: 1,825.00 ABO PRICE: 1,642.5 **AMPAY EARNING: 182.5** 

\*AmPay earning is subject to VAT & Witholding Tax



**ABO** Amway Business Owner



**AES** Amway Exclusive Shopper



### EARN AmPay with G&H Nourish Body Wash & G&H Protect UV Sunscreen SPF 50+



#### G&H NOURISH BODY WASH AES PRICE: 675.00 ABO PRICE: 607.5 AMPAY EARNING: 67.5

G&H PROTECT UV SUNSCREEN AES PRICE: 1,825.00 ABO PRICE: 1,642.5 AMPAY EARNING: 182.5

**TOTAL: 250** \*AmPay earning is subject to VAT & Witholding Tax



**ABO** Amway Business Owner **AES** Amway Exclusive Shopper



#### EARN AmPay with G&H Nourish Body Wash & G&H Protect UV Sunscreen SPF 50+









**AES** Amway Exclusive Shopper

	ABO Price	AES Price	AmPay Earning	
G&H Nourish Body Lotion 400ml	697.5	775	77.5	
G&H Nourish Hand Crème 75ml	517.5	575	57.5	
G&H Protect Bar Soap 6x150g	1129.5	1255	125.5	
G&H Nourish Bar Soap 250g	603	670	67	
G&H Protect Deo Roll On	315	350	35	
G&H Refresh Body Wash 400ml	607.5	675	67.5	
G&H Nourish Body Wash 400ml	607.5	675	67.5	
G&H Nourish Body Wash 1L	1237.5	1375	137.5	
G&H UV Sunscreen	1642.5	1825	182.5	

**TOTAL AMPAY EARNING: 817.5** \*AmPay earning is subject to VAT & Witholding Tax



#### DOWNLOAD OUR ASSETS FOR YOUR SELLING Join our Viber group, like Amway Philippines on Facebook visit www.amway.com.ph and www.now.amway.com.ph for more resources!

#### protect your skin,

with Nutrilite<sup>™</sup>-certified Green Tea Extract.

### refresh your skin,

with Nutrilite<sup>™</sup>-certified Green Acerola Cherries.

### nourish your skin,

with Nutrilite<sup>™</sup>-certified White Chia Seed.



 g&h<sup>m</sup> UV Suncreen 100mL
 g&h<sup>m</sup> Protect Bar Scap 6x150

 125901
 12897

 D16/425078244B146652
 D112950P1956B100848

 SRP: P2,215.00
 SRP: P1,525.00

 ABO Price: P1,642.50
 ABO Price: P1,225.00

 AES Price: P1,825.00
 AES Price: P1,255.00

have it all.

g&h<sup>\*\*\*</sup> Refresh Body Wash 400mL **12592** D60750P105285424' SRP: P820.00 ABO Price: P607.50 AES Price: P675.00

have it all.

Body Was &h<sup>™</sup> Nourish a&h<sup>™</sup> Nourish a&h<sup>™</sup> Nourish a&h<sup>™</sup> Nourish a&h™ Nourish Body Wash 1000mL Body Wash 400mL Body Lotion 400mL Bar Soap 6x250g Hand Cream 75ml 125890 125891 125914 125902 125913 D60750P1052B5424 D69750P1208B6227 D123750P2143B110491 D51750P896B4620 D603P1052B542 SRP: P820.00 SRP: P940.00 SRP: P1.670.00 SRP: P700.00 SRP: P815.00 ABO Price: P607.50 ABO Price: P697.50 ABO Price: P1.237.50 ABO Price: P517.50 ABO Price: P603.00 AES Price: P675.00 AES Price: P775.00

have it all.



#### Have it all, Traceability from Seed to Your Baby's Skin





Inclusions: g&h™ Baby Wash & Shampoo g&h™ Baby Lotion FREE Baby Towel

g&h Baby™ Care Bath Set 321744 D152100P2633B135804 AES Price P1,690.00 SRP P2,050.00

Promo runs until May 31, 2024

\*Offer runs until May 31, 2024 or until supplies last.

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Amw	ay			2	<b>}</b>
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4	BEAUTY		SPORTS NUTRITION		
<b></b>	HOME	Meal Replacement	Energy Drinks		
4	AGRICULTURE	Supplements	Sports Supplements		
ā	PERSONAL CARE				
	SOP				
	ALL PRODUCTS				
	SHOP BY BRANDS				

# Purchase products online on www.amway.com.ph

# **How To Shop Online**

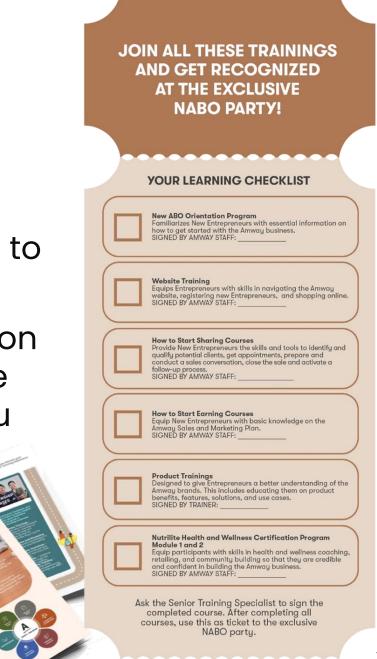
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 CONFIRM



# Learn Anytime, Anywhere with Amway Development Academy

Vast selection of training courses designed to help you elevate your business.

Available in different formats (both in-person and online) which allows you to personalize your learning experience based on how you want to run your business.



# Accessing Online Courses

#### Face-to-Face

These are trainings implemented at My Amway Place and Hotels.

#### **Live or Virtual**

These are implemented via Zoom or Microsoft Teams.

#### **Online Training Platform**

There are more than 100 online courses that are available via www.amway.com.ph



### VISIT AND FOLLOW US



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